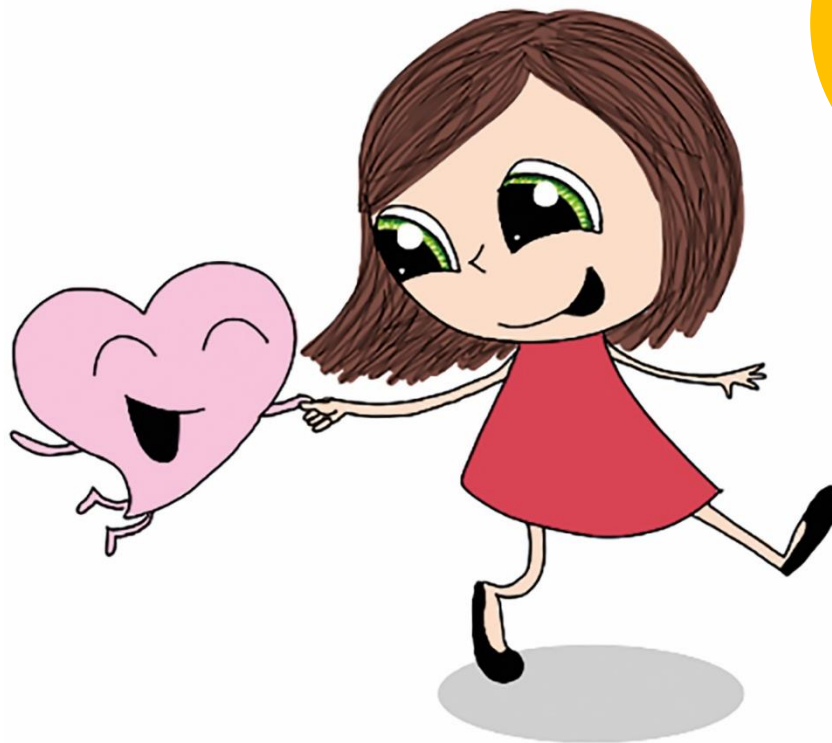


Clara



Elina Puohiniemi

Mira(cle)Doodles

Meet the Characters

- Mira(cle)Doodles in a Nutshell -

“Mira(cle)Doodles are little love bombs!”

“I think the sweet, simple, colorful images put me at ease, so that I forget to put up defenses against the ideas that might otherwise threaten my ego. Then I naturally feel what is meant to be felt when looking at your doodle, which is no threat at all, but often actually an invitation to let go of fear and to have faith in the goodness of the universe and of ourselves.”

“Your doodles help simplify complex concepts with playfulness and heart. They help make it easier for people to see how they could incorporate that knowledge into their lives because you make it so playful and loving.”

These beautiful words are feedback from the followers on Mira(cle)Doodles series.



How did it All Begin?

It all dates back to when I was 10 years old and desperate to find a better way to study for exams at school than just memorizing. I started drawing out everything I wanted to remember. It worked and studying became so much easier and more fun!

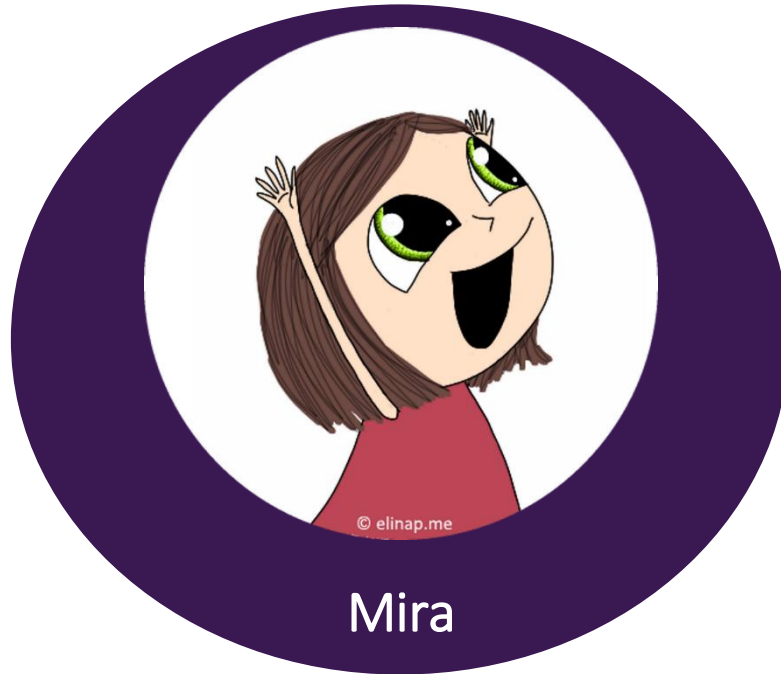
Mira popped out of my pen in spring 2014 when I was studying A Course in Miracles Workbook and was struggling with not understanding it. Mira's appearance on the pages of my study journal helped me to connect the dots and understand the messages of the book on a deeper level because she also brought a whimsical touch to the otherwise obscure passages of the lessons.



I started posting the doodles online and was encouraged by how they were received. Over the years my doodles have gained a loving, beautiful, and devoted fan base which has brought wonderful connections and interactions that are uplifting in both directions. I'm truly grateful for everything Mira has brought into my life.

...Basically I have doodled myself into the light with her help many, many times and love to share the light with you!





is an ever-curious, joy spreading representation of an inner child who makes us feel better and thus creates miracles with her presence.

Mira is mostly happy and like a child, wonders about life. She easily feels awe and joy, and follows her heart wherever it leads her.

The drama of her life builds up around this one question:
Will she choose what her ego tells her to or will she keep following her heart?

Lucky for us she sometimes slips and thus does us a favor,
then we can see what it looks like when we don't choose love.

With the spark in her eyes she bounces back quickly though, phew!

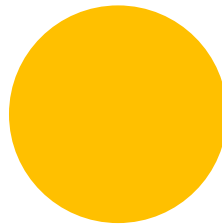


This little heart symbolizes the love that we are. It is all encompassing, all accepting.
It keeps faith alive in us, because it knows our birthright is joy, love, and ease.

We all have the power to choose love, if we just pause, look around and remember
it is ever-present.

The heart never leaves Mira's side even if she loses sight of it.
Love will stick around like the Sun – clouds may hide it but it still shines...

To make choosing love easier for you, try gratitude or acts of kindness.
A tiny smile offered to a stranger is a start!



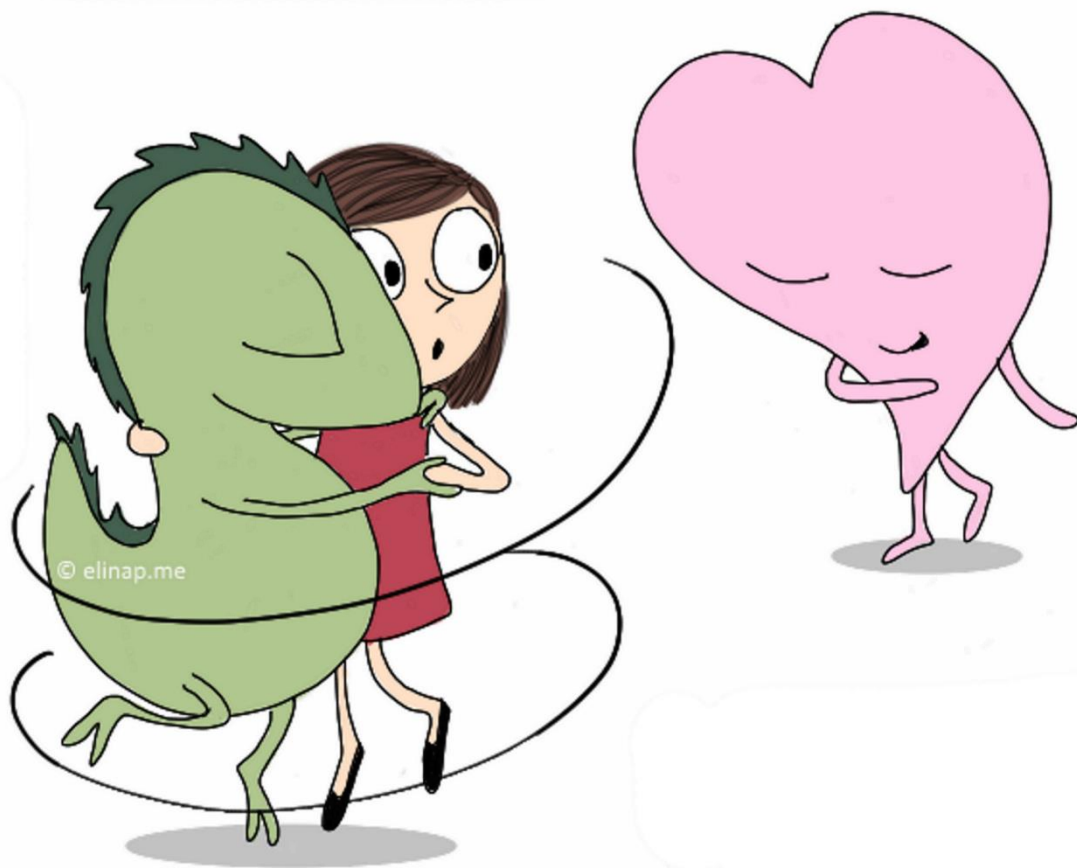


The Ego

The lizard in the doodles symbolizes our ego. Whenever we make decisions from our primary brain (also called the lizard brain), this fellow is at play. It's all about survival. That's when defending, explaining and attacking takes place and fear rules our action.

A Course in Miracles describes these moments as a call for love. Making the human drama visible with these characters in Mira(cle)Doodles series helps to reveal the moments in our lives when we need to pause, breathe, and choose again.

We do need our egos help to survive, but survival isn't enough for many of us, we want to thrive – and for that we need to choose wiser or we'll end up living our lives following a script that we haven't written with Love.





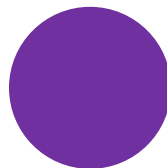
The stars in Mira(cle)Doodles represent miracles.

A Course in Miracles says “A miracle is a shift in perception”. This shift happens when Mira questions the world that her ego shows her and starts to ponder if there was another way of looking at her situation and this in itself is a miracle.

When she opens her eyes to see the reality as it is

– As love -

Then miracles are everywhere!







Sandy

is Mira's little blue-eyed friend. She symbolizes our interactions with others. She is Mira's beloved friend and supporter, reflecting love and loyalty back to her or sometimes something else, but that's up to Mira, not her.

With Sandy, Mira gets a chance to practice being loving & kind. In Sandy, Mira sees a reflection of herself. Relationships are our biggest spiritual teachers because in them we can see where we are at and grow.

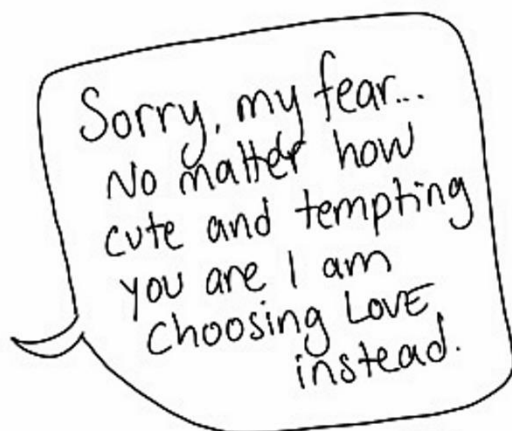




Fear

Sometimes this furry fellow appears in the doodles to symbolize Mira's fears. Hiding, running away... Mira has tried all the ego tricks on her fears, but still sometimes she terrorizes herself with her thoughts like in the doodle above.

On moments when she chooses Love instead, she sees her fears differently and that IS the trick! It has been proven time and time again for her that choosing love over fear really works!



LIFE IS ALL ABOUT STUBBORNLY
KEEPING ON CHOOSING LOVE
AGAIN AND AGAIN AND AGAIN...

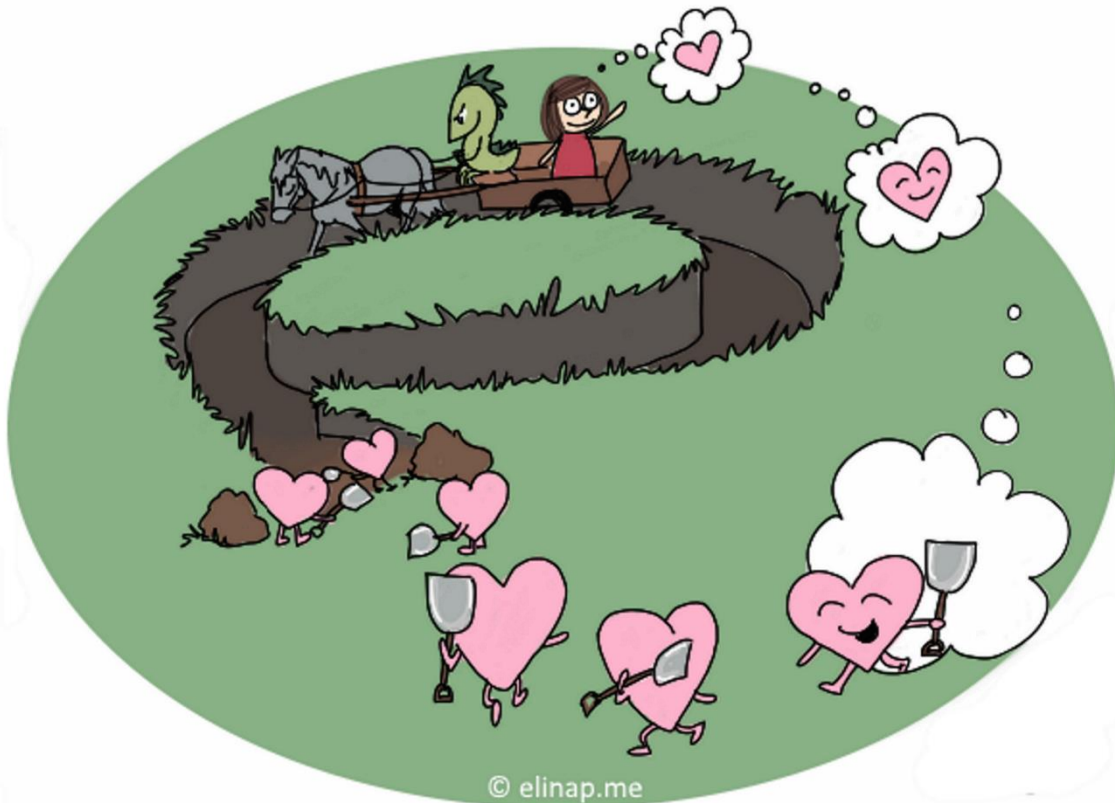
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The Mind

is sometimes like a wild galloping horse. When the ego harnesses the horse, it will easily trot on in circles in the same old ever deepening rut of habit and routine.

Mira's conscious choices frees the horse, her mind.

One powerful tool for this is gratitude - Send happy thoughts in every direction and see how they help you experience miracles!



Emotions

are represented by birds in some of the doodles and in some others they are tiny Miras expressing a scale of emotions out loud. Let your emotions. Fly all they need is freedom. Take care of your emotions like they were mini-yous, love them as deeply as a mother would. In exchange they will give you peace of mind.





The Universe

is the friendly chap in the Mira(cle)Doodles series who shines blue and purple and is full of stars (=miracles).

It's the place where life occurs.
It's the ultimate life force and a field of infinite possibilities.

Mira loves it when she feels totally supported by the Universe.

Rainbows

symbolize a path to happiness, a path that is lit up by hope for the future. Rainbow is the first sign of the end of a storm, bringing on a message that change is the only constant in life, everything is possible and so are miracles too!



Mira(cle)Doodles help us understand
Love & Life in an uplifting and insightful way

If You have a dream,

be it a big life purpose goal or a project you need to get done, check out the accountability group I'm offering as a membership for people who tend to procrastinate on the most important tasks that their hearts crave to accomplish in this lifetime.

It is never too late to bring your dreams into reality.

With the help of Mira & me it is made easier, more fun and with a process that frees up your precious time, plus gives you more focus and clarity.

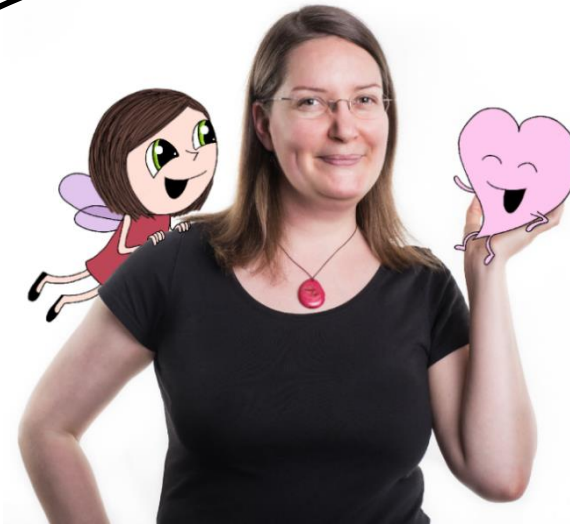
Come over to [Patreon](#) and

Experience more of Mira's positive vibes!

And stay tuned on what Mira is up to next - on my behalf... (It includes books, yay!)



Learn more



Hi, I'm Elina aka *Clara*!

I'm here to make you feel better about the rough days on your spiritual journey by doodling insights from the depths of my being with the help of my doodle characters Mira and her friends.

Here's [my Facebook page](#), but due to algorithms you probably won't see what I post there, unless you click "See First".

I'll be hanging around in [Patreon](#) this year a lot, so come over and check out my offerings for you!

And of course you are most welcome to send me an email with this [contact form on my website](#).

I'd love to hear from you!