

Mira(cle)Doodles Story

THE WORLD OF LIGHT & DARK

AND THE DANCE
IN BETWEEN

BY

Elinap

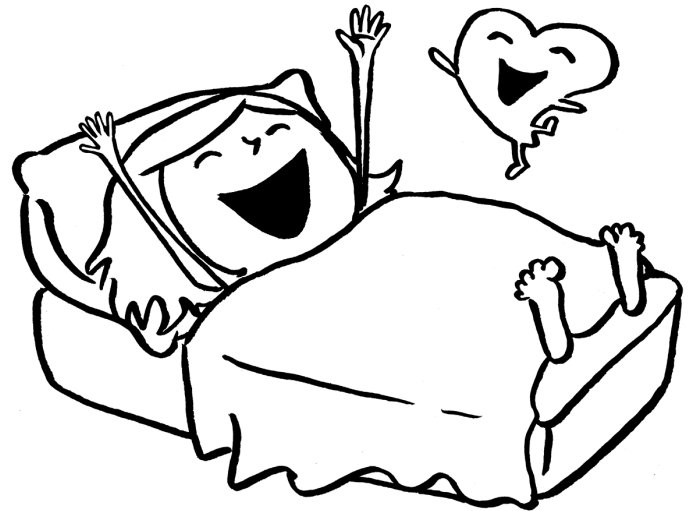
IN THE DARK

I sometimes
don't feel like waking up at all.



LIGHT CONSCIOUSNESS

I wake up all excited for the day!

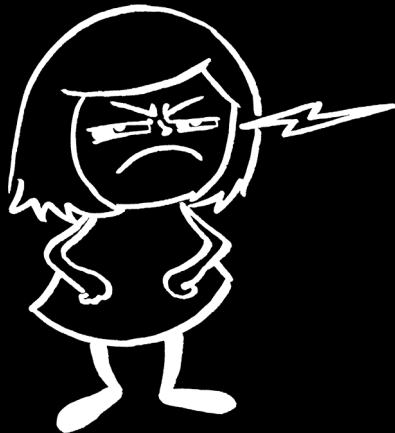


It's going to be fun!

I drag myself from a task to another...



...Judging, whining,
complaining,
murmuring -
Everything's just
WRONG!



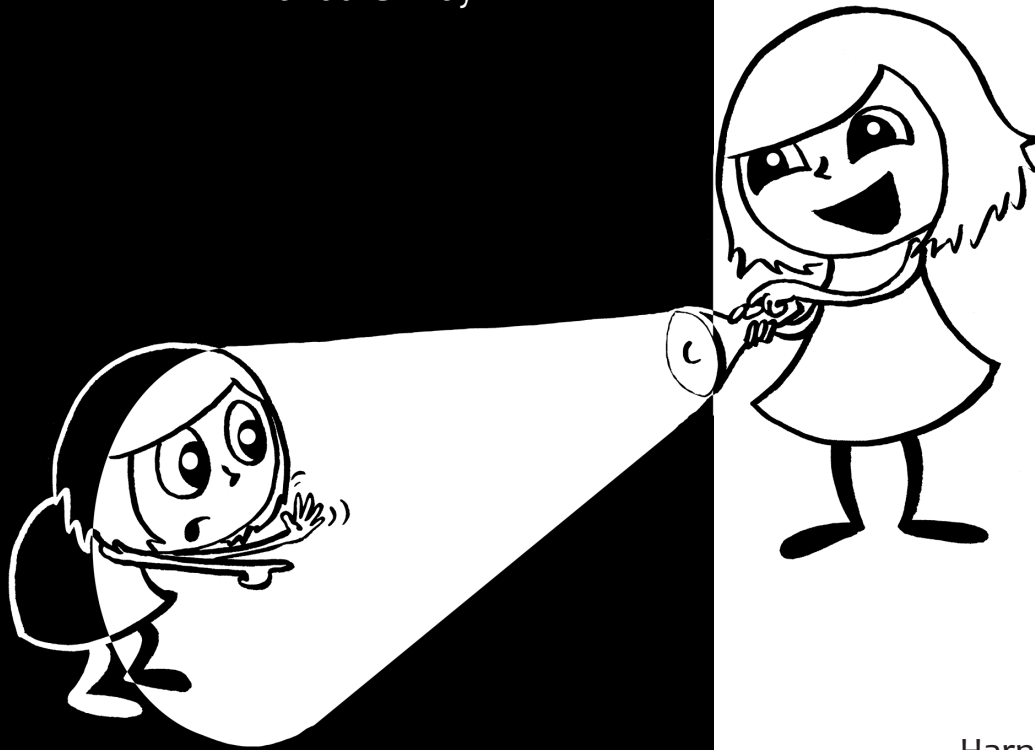
I walk through my day joyfully!



I let my heart
lead the way!

Everything is effortless and
feels so right!

Sometimes I see some light,
and ask myself if there could be
another way.



I love to shine light for others and fill
the world with hope & joy!

Harnessing
my strengths is what
does it.

I start to hear messages
from a lighter world.



“All is well!”

“Life is beautiful!”

“You are enough, and
you are doing enough!”

“There’s enough for everyone!”

“We are one!”

“Everything will be fine!”

I call for love,
I shout out for love.



Everything I do
is actually
a call for love.

I listen
acceptingly,
lovingly.

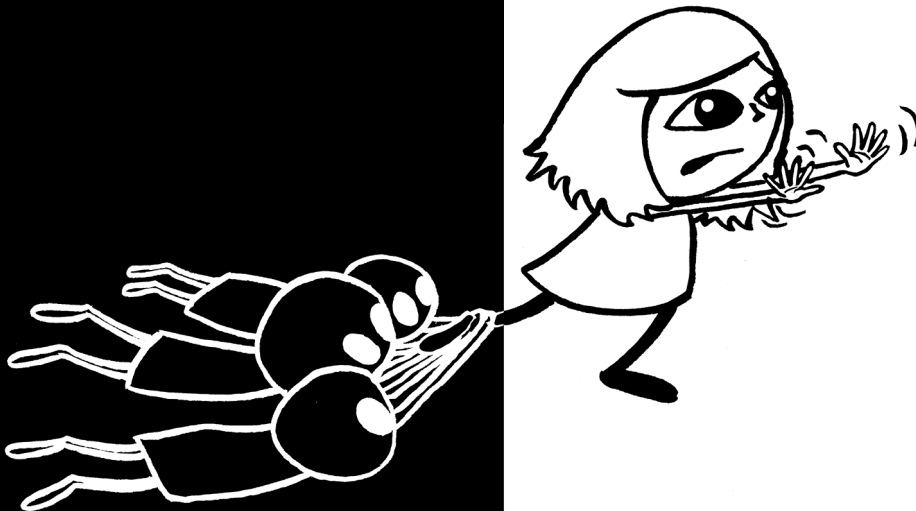


I start hopping
in and out
of darkness..



Walking on the line
is quite an emotional
rollercoaster ride.

1st time out...



...my beliefs pull me
back into the dark.

“It is too bright out,
it can’t be meant for me!”

2nd time out...

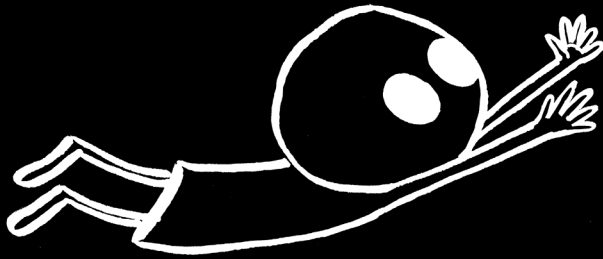
...I rebel the dark.

I keep repeating my old story out loud
as if I didn't care, but..

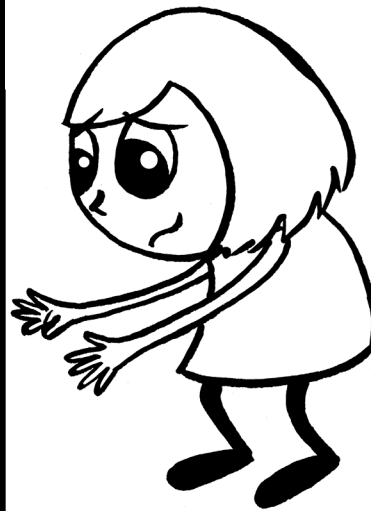


..but seriously I do, and so I'm once again thrown back
- into the dark.

3rd time out...



...I try to pull others out too,
“Just smile some more!” and
you can do it too!



...But I forget to take care of
myself, and...

...And you guessed...
I’m thrown back into the dark again.

4th time out
and now the light truly starts to shine!



Effortlessness and ease.
I live in the light, and shine on.

There's no need to achieve,
darkness naturally goes away when
light shines on it.

DIVE DEEPER:

HOW TO IMPLEMENT THE INSIGHTS FROM THIS STORY INTO YOUR LIFE?

When we live in the world that's ego's invention, it can get quite black and white. There's no grey.

In this story, all the characters are eventually the same person, Mira, because when you start seeing the big picture, and truly embrace shining light on all parts of yourself everything shifts.

In the dark you can see Mira struggling and challenged. But in light she shines with all her beauty! She has happiness, and joy abundantly, and doesn't spare them, but shares them with all the world.

That's the beauty of awakening!

When you are struggling in the deep rut or mud of your darkest night, a little bit of light is all that's needed to start the journey of becoming the best version of yourself!

Then the question is:

What brings light into your world?

Here are some examples that I've noticed work for many

- Do something creative
- Find a new path to walk to work, break the routine
- Smile to a stranger
- Spend time with a baby or animals
- Walk in nature
- Look up to the sky
- Moon gaze
- Play with your inner child: What did you love to do as child?
- Help a friend

These are just simple examples of what could bring light into your world.

When you want to dive even deeper, you can explore things that come to you naturally. What are you good at? What are you here to do as the best version of yourself? Bask in the glory of you, all the positive, all the wonderful!

Diving even deeper, forgiveness is what breaks the last barriers that ego built to block the light. When you forgive yourself, others, and the world, your light starts to truly shine, because that's when you shine light on the shadows of yours.

How can you start to feel better today?

"IF YOU DON'T HAVE A SHADOW,

Doodle drawn in 2015



Embrace your shadow.
The fact that you notice the parts of you that struggle
shows you are out of the dark.
That's the first step.
Shine on, beautiful one!

If you want to learn more: This story is inspired by ACIM Workbook lessons 186 and 290.



Hi, I'm elinap!

I'm an artist and life coach from Finland. A recovering procrastinator, perfectionist and dreamer. My life is now filled with purposeful action-taking and I love to make my dreams come true. Maybe I can help you with yours!

I'm also the creator of Mira(cle)Doodles, an online doodle comic series published since 2014, featuring a little red-dressed inner child who follows her heart through any struggles her ego (a lizard) throws on her path.

Mira(cle)Doodles are illustrations from a spiritual path and have been described as uplifting little love bombs.

Uncomplicated but deep!

I'd love you to join us at Patreon!

www.patreon.com/elinap